

## **Online Leadership CPD**

Matt is an impact driven leadership coach prioritising both relationships AND results, allowing leaders to connect with those they influence.

All 'zoom-facilitated' workshops cost just £35 per staff member (3.45-4.45pm) and empower leaders to build strong bonds of mutual trust with their staff to drive high performance alongside wellbeing.

1/ September 18<sup>th</sup>: Building trust in your leadership; building/maintaining trust; authenticity; loyalty; competence; consistency; adaptability; emotional availability.

2/ October 9<sup>th</sup>: Manage the workload of being a leader 1; time-analysis; focus on the 3P's; priorities; people; personal operating system.

3/ October 23<sup>rd</sup>: Manage the workload of being a leader 2; managing stress; building a support team; learn to say 'no' so you can say 'yes' to your priorities.

4/ November 6<sup>th</sup>: Leadership longevitydevelop life-long wellbeing habits; sources of positive wellbeing; self-care; resilient behaviours; maintaining perspective.

**5/ November 20<sup>th</sup>: Building personal and team resilience;** maintaining a growth-mindset; re-charging NOT enduring; working in your strengths; seek and learn from feedback.

6/ December 4<sup>th</sup>: Building psychological safety in your work environment; lead in a VUCA (volatile, uncertain, complex, ambiguous) environment; develop the skills of 'radical candor'.

7/ January 15th: Impact driven leadership; in pursuit of shared purpose; strategic thinking to determine time spent; impact on your staff's results.

8/ January 29<sup>th</sup>: Build a winning team culture; culture precedes performance; prioritise 'togetherness'; translating individual talents into high team performance.

9/ February 5<sup>th</sup>: Embrace the power of coaching to drive high performance 1; what is coaching; benefits of a 'coaching culture'; coaching models.

10/ February 19<sup>th</sup>: Embrace the power of coaching to drive high performance 2; target 'coaching conversations' to elevate others; develop your coaching skills; the Zone of Uncomfortable Debate (ZOUD).

11/ March 4<sup>th</sup>: Managing Difficult Conversations; develop confidence in managing challenging conversations effectively; provide feedback that achieves real impact.

**12/ March 18<sup>th</sup>: Change Management;** recognising when change is needed; change leadership in practice; making change stick.





